

B

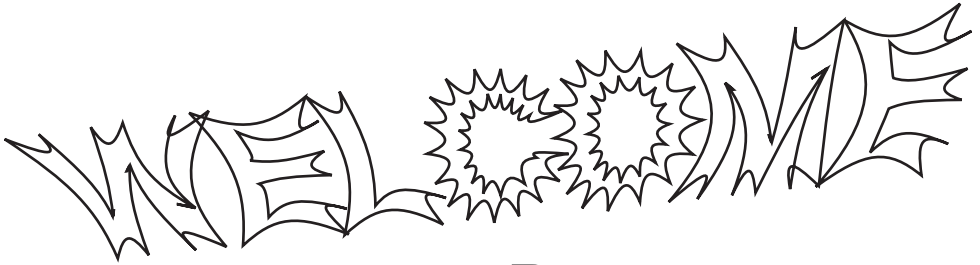
FANZINE BLET

English



HELLO!

1.



Welcome to **B** fanzine duet.

This is fanzine **B**.

To start you will need a partner, someone who will have fanzine A.

They are different, but they belong together.

You read one, someone reads the other.

They speak to each other. They need each other to be complete.

During this time together, each page in this fanzine is an **encounter**.

You can choose to activate as many encounters as you like. If you want a shortcut, after

2. GETTING READY | page 2

We recommend beginning with

3. WORLD FINDING | page 4

The other encounters are there for you too: you might follow them in order, pick just one, or leave them aside and return another day. However you meet, we recommend closing your duet with:

11. IMAGINARY GIFT | page 24

2.



Now that you
**met someone with
fanzine A**, find a small
rock around you.

If you can't find a rock, take an
object that is small enough to fit
inside your hand.

**Give the rock to
your partner.
You will get one from
them too.**

This is your guardian object, a
good companion that will stay
with you through this journey.
You can squeeze or show to
your partner whenever you feel
overwhelmed, tired, confused, or
just want to:

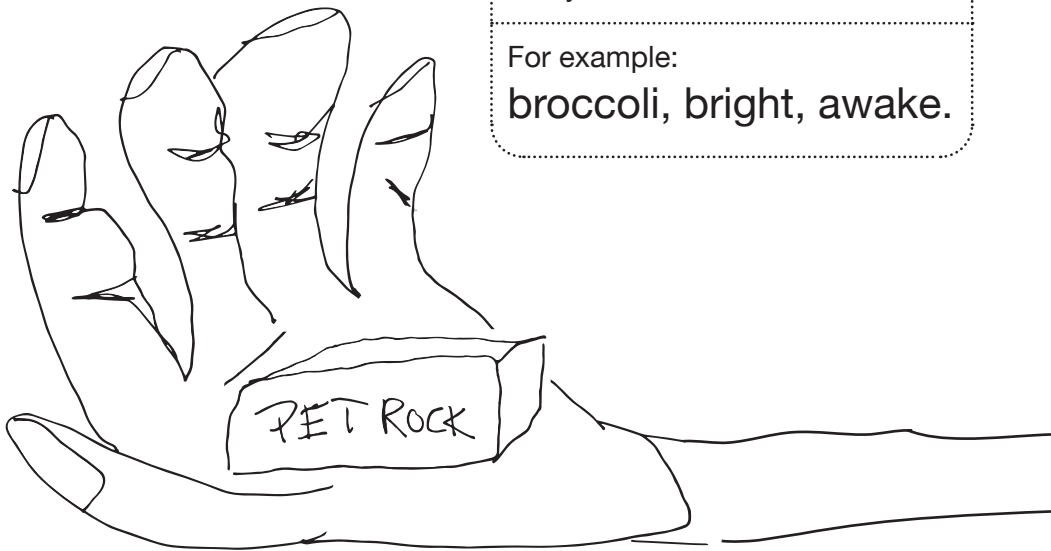
- Rest or take a break
- Skip an activity
- Go back to one activity you like
- Move or change position in the space

Describe yourself to your partner

This will help your partner know what you look like.

It also shows your partner a little about who you are, and the things about yourself you want them to notice.

Later, we will play with real and made-up names. For now, you can skip saying your name.



If you want, you could start by saying:

- Your pronouns (he, she, they).
- Your height.
- Your hair (colour and length).
- Your eyes (colour).
- Your skin tone.

If you want, you can also say:

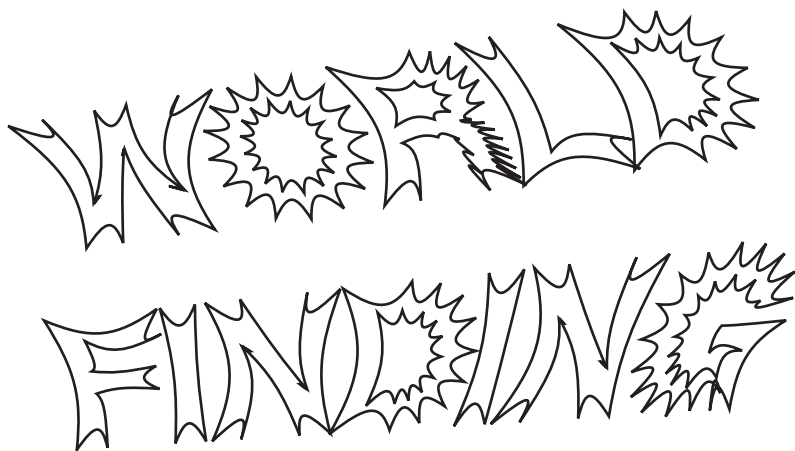
- Where you come from.
- What clothes are you wearing today, and why did you choose them.

At the end, choose **three words** that describe how you feel now. The words can be simple or funny.

For example:

broccoli, bright, awake.

3.



Together with your partner,
choose a place where you feel
good.

A place where you would like to
stay for a while.
A place that speaks to you and
says:

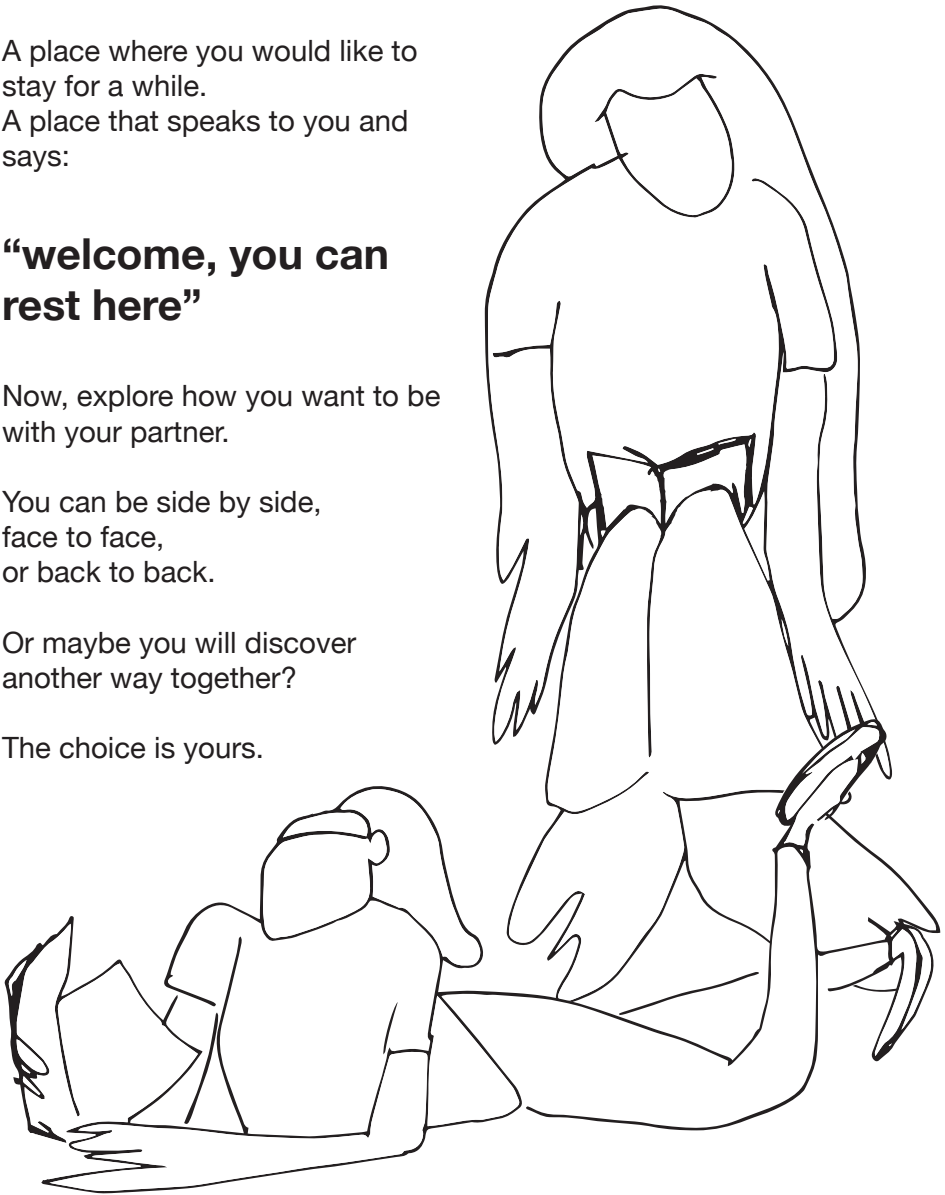
**“welcome, you can
rest here”**

Now, explore how you want to be
with your partner.

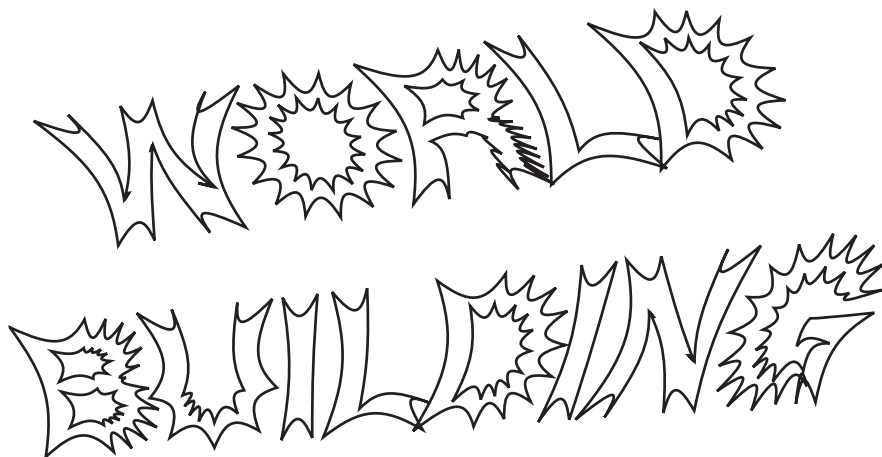
You can be side by side,
face to face,
or back to back.

Or maybe you will discover
another way together?

The choice is yours.



4.



You will read something to your partner.

You will make pauses.

These pauses will help them imagine a place.

For now, just read aloud the text in **bold**.

Imagine a place where you feel safe and free.

What does it look like?

Is it soft, like cotton clouds, or rough, like small stones?

Is it fresh, like the smell of clean clothes, or salty, like licorice gum?

What do you feel on your skin?

**Do you feel the warmth of your favourite blanket?
Or do you feel cool wind around your hands?**

I will give you a little time to imagine this place.

Make a pause and give space to your partner's imagination.

**Is your landscape gentle, like the taste of honey?
Or fresh and sharp, like the smell of mint?**

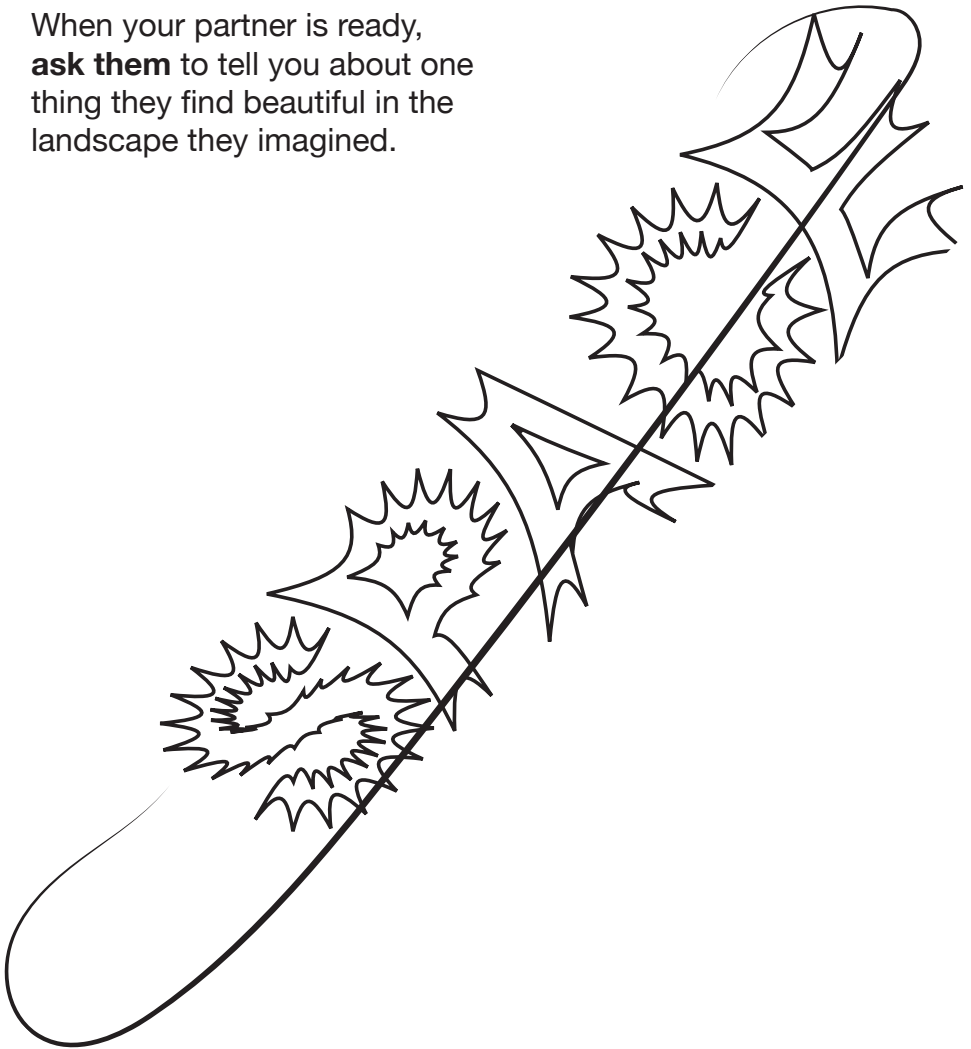
**Is the place alive with birds, insects, or people talking?
Or is it calm and quiet like fire and wind?**

**What sounds help you feel more open here?
The song of a bird, or the music of water or simply silence?**

**I will give you a little time to imagine this place.
When you feel ready, give me a sign.**

Give space to your partner's imagination.

When your partner is ready, **ask them** to tell you about one thing they find beautiful in the landscape they imagined.



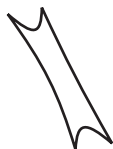
Go to the next page to switch roles.

Your partner will read something to you.

They will make pauses.
These pauses will help you
imagine a place.
For now, just relax and listen.



5.



Through this page, you can build imaginary memories with your partner.

There is no right or wrong.

Give yourself a new name.

Who are you?

Maybe you come from another planet.

Maybe you live on the back of a giant animal.

Maybe you can feel the world through its magnetism or its kindness.

Maybe the wind tells you secrets.

Maybe you hear shapes moving around you.

When you both are ready, you can start start:

Introduce yourself with **your new name** and

Ask your partner:

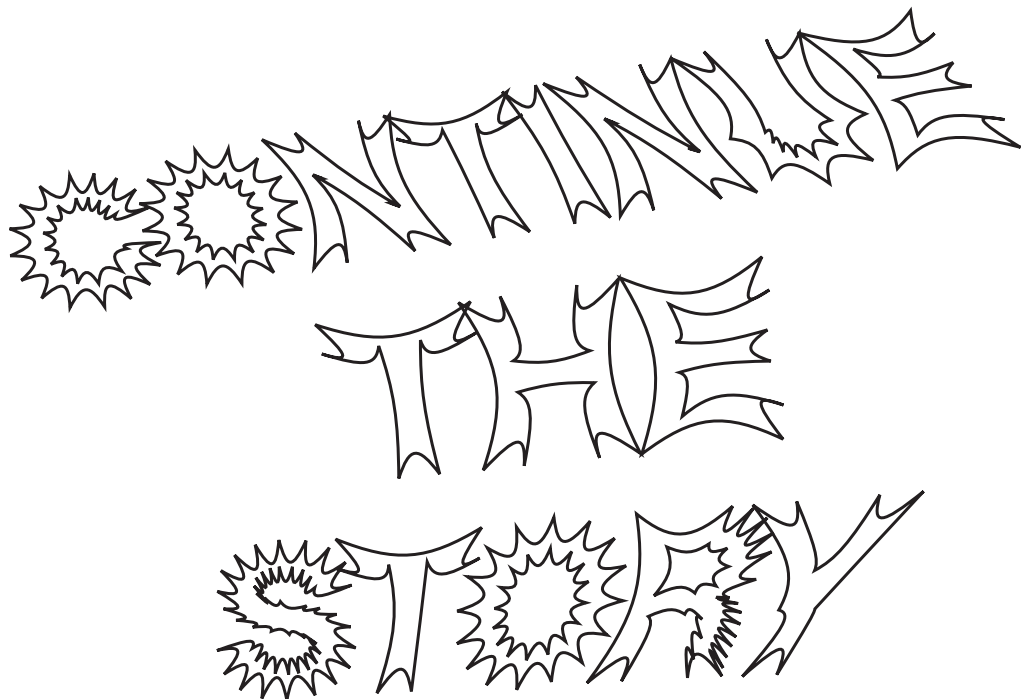
“Have we met before?”

Create a shared memory together.
Make it feel like it really happened.



HAVE WE
MET
BEFORE?

6.



Your partner will read something to you.

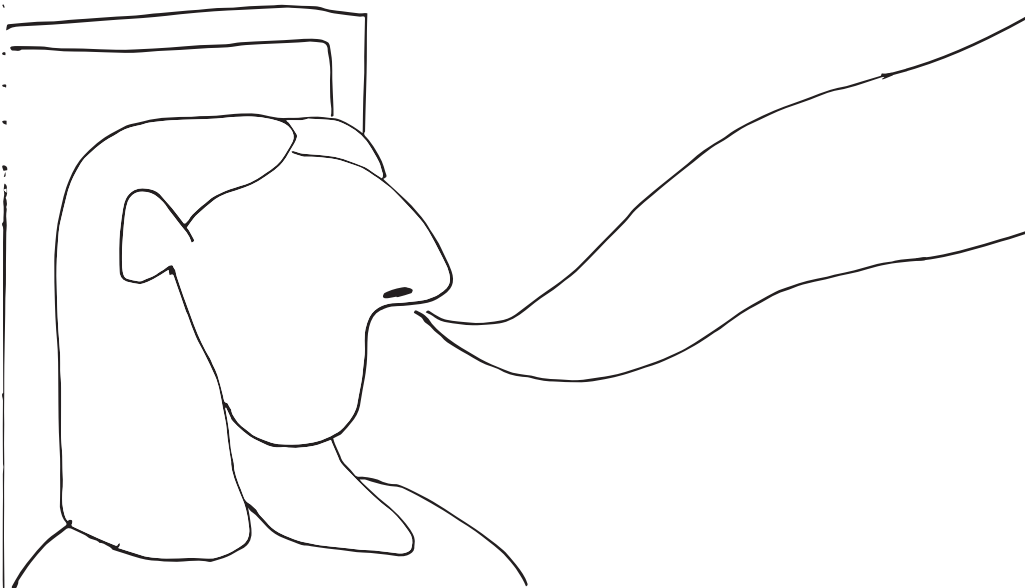
When they finished, read this to your partner:

“When we went outside, the whole world smelled like...”

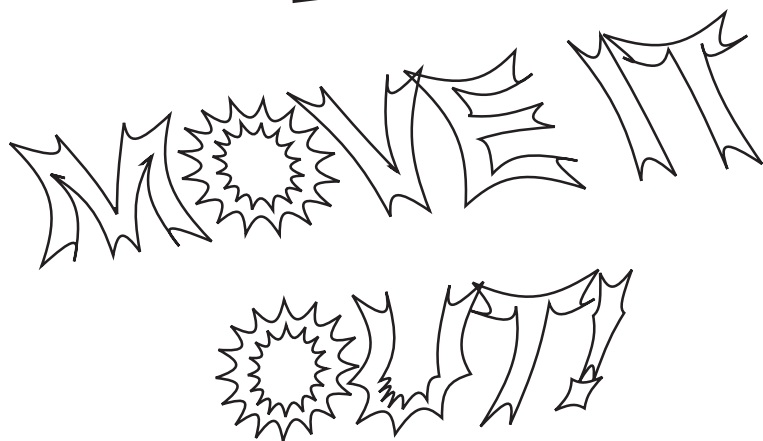
Now, you can **choose one of those beginnings to start telling a story**. You can choose just one, use both, or invent a whole new beginning.

Observe where your imagination can take you together.

You can use this story in the next page too.



7.



Notice the movements
in your body and
around you.

Offer your partner a dance that
comes from those movements.

If you want you can use one of
these as extra inspiration:

- **You are in a kitchen, and all the food begins to grow into a forest. What do you taste or smell?**
- **On the beach, you find a shell that sings when you hold it close. What song do you hear?**

Can you transform it into a
dance?

Move in your own way.
A dance can also simply be:

- One gesture
- One breath
- One step

It can be the smallest thing.
It can be the silliest thing.

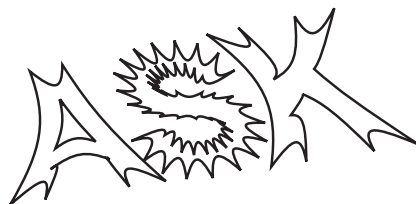


8.



TO TAKE
A BREAK

9.



Start noticing your partner's presence.

Has anything changed since you met?

What do you notice around them right now?

Do they smell different?

Does their voice sound more familiar?

Can you notice their breathing?

Your partner may also notice that you are more present.

Now it's time to ask each other questions.

Take turns: one asks, the other answers.

Then switch roles.

You can give short or long answers, as detailed as you like.

You can ask questions like:

- If I was sound, what music would I be?
- If I was a landscape what landscape would I be?
- If you would invite me for dinner, what would you cook for me? Why?



10.



You can take turns reading the text to each other.

One person reads, the other person listens.

The words are the same for both of you.

This activity is about being calm together.

You will listen to your body.

You will notice small feelings and movements.

The goal is not to be perfect.

The goal is to feel safe, relaxed, and connected.

It is nice to share this moment with another person.



When you are ready and you decided who reads first, you can turn the page and start:

Find a comfortable position.

Take a few deep breaths.

Feel the weight of your body pressing down.

Notice the things you are touching.

The air against your skin.

The soft warmth coming from another person.

Notice each part of your body, starting at your head and moving down to your feet.

Notice the parts of your body that feel tired or tense.

Notice the parts that feel soft and relaxed.

We take some time together.

Observe small movements and sensations.

The movement of your breath.

The way your body moves slightly with it, getting bigger and then smaller.

Observe the moisture on your tongue.

Notice the feelings you have at this moment.

If you want, smile or laugh.

It is nice to have company.

**Notice your thoughts.
Maybe you think about
your shopping list.
Maybe you think about
the meaning of life.**

**Notice something
close to you.
The touch of clothes
on your skin.
Perhaps the beat of
your own heart.**

**Then notice something
far away.
Maybe a sound outside
the window.
Maybe a movement
happening far from
where you are.**

**Now rest your attention
on your partner.**

**Spend a quiet time
together, celebrating
each other's company.**

**For this moment allow
your mind to be free,
to do whatever it wants
to do.
If it wants to think,
or pay attention to
something else.**

**Then, come back
to your body, to the
feeling of its weight,
to the sounds around
you.**

**And when you are
ready we will switch
roles.**

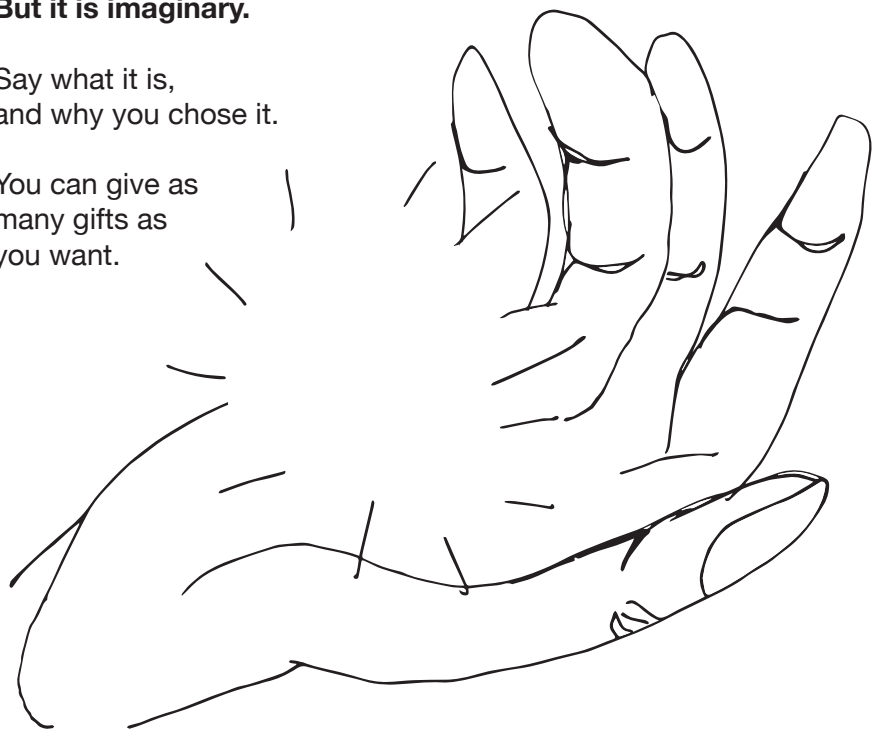
11.

IMAGINATION
GIFT

Before we end, give
your partner a gift.
But it is imaginary.

Say what it is,
and why you chose it.

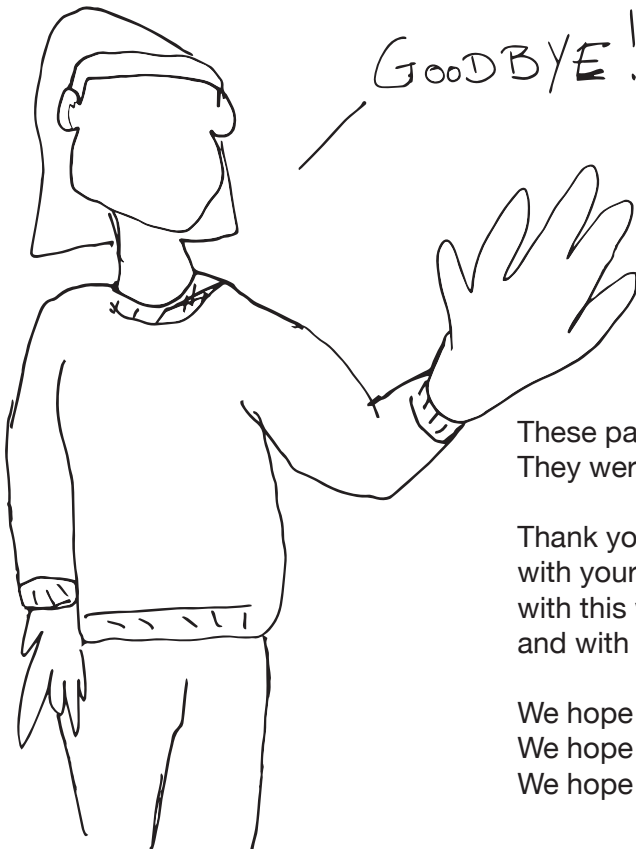
You can give as
many gifts as
you want.



If you want, tell your
partner your real name.

This is the end of the fanzine. But not the end of this experience.

The experience is between you,
your imagination,
and the stories that are born
when people are open
and come together.



These pages were more than text.
They were an encounter.

Thank you for being here,
with your partner,
with this writing,
and with the world around you.

We hope you had joy.
We hope you felt safe.
We hope you enjoyed this duet.

making
a diff
erence

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